

Mens Results

100 Meters Varsity - Finals

1.	12 Xavier Mitchell	11.05a	PB Alma
2.	12 Thomas Donley	11.51a	Wilcox-Hildreth
3.	11 Justin Ervin	11.54a	Hi-Line
4.	12 Hayden Sich	11.66a	Arapahoe
5.	12 Jake Shipman	11.80a	Red Cloud
6.	11 Kane Cochrane	11.85a	Hi-Line
7.	10 Banks Hammond	11.92a	PB Alma
8.	12 Cooper Knackstedt	11.98a	PB Hi-Line
9.	9 Bo Truksa	12.17a	Southwest
10.	11 Henry Shoemaker	12.20a	Cambridge
11.	10 Jesse Hazen	12.38a	Medicine Valley
12.	11 Damien Campbell	12.41a	Wilcox-Hildreth
13.	9 Max Lanik	12.52a	PB Southern Valley (Oxford)
14.	10 West Bennett	12.67a	Alma
15.	9 Gage Elliot	12.69a	PB Red Cloud
16.	12 Cian McCorkle	12.75a	Arapahoe
17.	11 Jacob Wagoner	12.88a	PB Franklin
18.	9 Lafe Wilson	12.90a	PB Franklin
19.	9 JJ Perez	13.24a	PB Bertrand
20.	9 Cjaye Harris	13.26a	Southern Valley (Oxford)
21.	10 Aiden Gruber	13.38a	Bertrand
22.	10 Jackson Dilley	14.08a	Red Cloud
23.	12 Dristen Warburton	14.14a	Arapahoe
24.	9 Carson Hamilton	14.18a	PB Southern Valley (Oxford)
25.	10 Mikah Eiley	14.66a	PB Wilcox-Hildreth
26.	11 Joshua Hitt	22.20a	Southwest
	12 Cooper Langford	DNS	Bertrand

200 Meters Varsity - Finals

1.	12 Thomas Donley	22.94a	Wilcox-Hildreth
2.	12 Thunder Nelson	23.21a	SB Bertrand
3.	11 Kane Cochrane	23.54a	Hi-Line
4.	12 Cody Schriener	23.80a	PB Wilcox-Hildreth
5.	12 Brody Diefenbaugh	23.97a	PB Hi-Line
6.	10 Banks Hammond	24.16a	PB Alma
7.	10 Gage Rupp	24.17a	Hi-Line
8.	Jr Calvin Carraher	24.23a	Franklin
9.	11 Henry Shoemaker	24.27a	SB Cambridge
10.	10 Kaden Schriener	24.30a	PB Wilcox-Hildreth
11.	11 Mason Roblee	24.47a	PB Medicine Valley
12.	11 Wyatt McCain	24.94a	PB Bertrand
13.	9 Lafe Wilson	26.23a	PB Franklin
14.	9 Houston Hunt	26.37a	Southern Valley (Oxford)
15.	12 Donnie Fisher	26.38a	PB Medicine Valley
16.	9 Remington Ord	26.44a	PB Red Cloud
17.	11 Michael Dunse	26.55a	PB Alma
18.	10 Ethan League	27.16a	PB Southwest
19.	9 Wyatt Rice	27.45a	Southern Valley (Oxford)
20.	11 Jamey Ruppert	27.53a	PB Medicine Valley
21.	11 Steel Marks	27.56a	Franklin
22.	9 Houston Larson	27.87a	Arapahoe
23.	10 Tyler Kelley	28.00a	SB Southwest
24.	10 Ryan Engel	28.49a	PB Alma
25.	10 Jackson Dilley	29.10a	PB Red Cloud
26.	9 Carson Hamilton	29.12a	Southern Valley (Oxford)

400 Meters Varsity - Finals

1.	12 Isaiah Neal	52.45a	SB Alma
2.	10 Rigley McDonald	53.33a	Arapahoe
3.	11 Henry Shoemaker	53.73a	PB Cambridge
4.	Jr Calvin Carraher	54.81a	Franklin
5.	12 Connor Rust	55.71a	Red Cloud

6.	10	Matthew Millers	55.98aPB	Bertrand
7.	11	Josiah Dowell	56.00a	Southern Valley (Oxford)
8.	9	Gentry Clark	56.85aPB	Alma
9.	10	Drew Blank	56.85aPB	Wilcox-Hildreth
10.	9	Kip Johnson	57.56aPB	Wilcox-Hildreth
11.	9	Kempton Leighton	57.58aPB	Medicine Valley
12.	10	Beau Kerznar	57.99aPB	Hi-Line
13.	11	Wyatt McCain	58.09a	Bertrand
14.	12	Zane Clark	58.33aSB	Alma
15.	9	Houston Hunt	58.73aPB	Southern Valley (Oxford)
16.	12	Ethan Eiley	59.35aPB	Wilcox-Hildreth
17.	9	Lafe Wilson	1:00.27aPB	Franklin
18.	10	Aiden Gruber	1:00.94aPB	Bertrand
19.	9	Bentley Campbell	1:01.81a	Medicine Valley
20.	11	Caleb Heskett	1:02.09aPB	Southwest
21.	10	Bryton Stalder	1:02.62aPB	Southern Valley (Oxford)
22.	12	Grady Puls	1:03.44aPB	Hi-Line
23.	9	Houston Larson	1:04.75aPB	Arapahoe
24.	9	Reece Morse	1:07.09a	Arapahoe
25.	11	Angel Salazar	1:07.11aSB	Hi-Line
26.	9	Cristoffer Charlie	1:12.88a	Southwest

800 Meters Varsity - Finals

1.	9	Eric Dicke	2:06.43aPB	Alma
2.	12	Isaiah Neal	2:07.17aSB	Alma
3.	12	Isaac Hamilton	2:09.06a	Southern Valley (Oxford)
4.	10	Barrett Zikmund	2:09.82a	Alma
5.	12	Connor Edwards	2:15.15aPB	Hi-Line
6.	10	Luke Lush	2:16.09a	Wilcox-Hildreth
7.	11	Josiah Dowell	2:17.64a	Southern Valley (Oxford)
8.	9	Kip Johnson	2:19.22a	Wilcox-Hildreth
9.	9	Kempton Leighton	2:22.05a	Medicine Valley
10.	10	Hunter Larson	2:24.05a	Arapahoe
11.	12	Ethan Eiley	2:24.72a	Wilcox-Hildreth

12.	9	Kyson Bose	2:32.28a	Southern Valley (Oxford)
13.	11	Hudson Sich	2:34.18a	Arapahoe
14.	9	Remington Ord	2:35.78a	Red Cloud
15.	10	Beau Kerznar	2:36.37a	Hi-Line
16.	9	Will Oakland	2:48.68a	Hi-Line
17.	9	Reece Morse	2:49.95a	Arapahoe
		11 Adin Nelsen	DNS	Medicine Valley
		11 Braden Sandfort	DNS	Cambridge

1600 Meters Varsity - Finals

1.	12	Kael Garrett	4:46.64a	Medicine Valley
2.	11	William Rasser	4:51.76aPB	Red Cloud
3.	11	Vaughn Fennel	4:58.19a	Alma
4.	11	Braden Sandfort	5:04.40a	Cambridge
5.	12	Nolan Pfeil	5:08.96a	Alma
6.	12	Carter Trambly	5:19.15a	Franklin
7.	11	Shya Gudaitis	5:28.88a	Medicine Valley
8.	10	Bryton Stalder	5:30.58aPB	Southern Valley (Oxford)
9.	11	Caleb Heskett	5:37.74aPB	Southwest
10.	10	Tayvian Sharp	5:54.42a	Alma
11.	12	Creston Wagner	6:04.64aSB	Bertrand
12.	12	Brett Woollen	6:10.74a	Wilcox-Hildreth
13.	10	Mikah Eiley	6:23.52aPB	Wilcox-Hildreth
14.	9	Reid Huxoll	6:26.28a	Cambridge
15.	12	Jacob Lund	6:41.27a	Bertrand
16.	11	Noah Koch	7:04.75a	Southwest

3200 Meters Varsity - Finals

1.	12	Kael Garrett	10:29.22a	Medicine Valley
2.	11	William Rasser	10:32.64a	Red Cloud
3.	10	Alexander Klatt-Ter...	10:38.94aPB	Wilcox-Hildreth
4.	12	Carter Trambly	10:47.06a	Franklin
5.	12	Nolan Pfeil	11:09.70aPB	Alma
6.	11	Braden Sandfort	11:19.43a	Cambridge

7.	10 Jacob Jezbera	11:36.40a	Wilcox-Hildreth
8.	11 Shya Gudaitis	11:51.31a	Medicine Valley
9.	10 Tayvian Sharp	12:08.73a	Alma
10.	9 Rylan Lush	12:59.86a	Wilcox-Hildreth
11.	9 Reid Huxoll	14:09.57a	Cambridge
12.	11 Noah Koch	14:42.00a	Southwest

110m Hurdles - 39" / 0.991m Varsity - Finals

1.	12 Xavier Mitchell	14.41aPB	Alma
2.	12 Hayden Sich	16.53a	Arapahoe
3.	10 Traevyn Koch	16.66a	Hi-Line
4.	9 Kellan Vinzant	16.80aPB	Bertrand
5.	12 Chase Beitler	17.28a	Hi-Line
6.	10 Talon Carraher	18.08aPB	Franklin
7.	11 Landon Wilhelm	18.63aSB	Alma
8.	10 Tyler Kelley	22.33a	Southwest
9.	9 Zachary Einspahr	29.51a	Arapahoe

300m Hurdles - 36" / 0.914m Varsity - Finals

1.	12 Xavier Mitchell	39.81aPB	Alma
2.	12 Hayden Sich	42.21a	Arapahoe
3.	10 Traevyn Koch	43.09aPB	Hi-Line
4.	12 Chase Beitler	43.22a	Hi-Line
5.	10 Drew Blank	44.15a	Wilcox-Hildreth
6.	9 Kellan Vinzant	44.77a	Bertrand
7.	11 Landon Wilhelm	45.04aPB	Alma
8.	10 Talon Carraher	46.59a	Franklin
9.	9 Gage Henery	46.84aPB	Wilcox-Hildreth
10.	11 Isaac Hernandez	46.88aSB	Bertrand
11.	12 Gage Rasser	47.37a	Red Cloud
12.	9 Dylan Webster	49.10a	Alma
13.	9 Zachary Einspahr	51.44a	Arapahoe
14.	9 Cristoffer Charlie	58.00aPB	Southwest
	10 Jesse Hazen	DNS	Medicine Valley

11 Kayden Furr	DNS	Red Cloud
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4x100 Relay Varsity - Finals

	11 Justin Ervin		
1.	12 Brody Diefenbaugh	44.89a	Hi-Line - A
	12 Cooper Knackstedt		
	11 Kane Cochrane		
	12 Tucker Biskup		
2.	12 Zane Clark	45.71a	Alma - A
	10 Banks Hammond		
	9 Drew Lewis		
	12 Cian McCorkle		
3.	10 Rigley McDonald	47.87a	Arapahoe - A
	11 Trey Downey		
	12 Hayden Sich		
	10 Talon Carraher		
4.	12 Eldon Haack	48.00a	Franklin - A
	11 Jacob Wagoner		
	Jr Calvin Carraher		
	9 Brody Hammond		
5.	9 Bo Truksa	48.38a	Southwest - A
	9 Conner Weaver		
	11 Gage Hammond		
	9 Cjaye Harris		
6.	9 Hunter Lans	50.13a	Southern Valley (Oxford)...
	11 Hayden Lans		
	9 Max Lanik		
	11 Kayden Furr		
7.	9 Gage Elliot	50.84a	Red Cloud - A
	9 Jayden Furr		
	9 Remington Ord		
8.	11 Damien Campbell	52.02a	Wilcox-Hildreth - A

	9	Rylan Lush	
	9	Gage Henery	
	12	Ethan Eiley	
	10	Jesse Hazen	
9.	12	Donnie Fisher	54.14a Medicine Valley - A
	11	Jamey Ruppert	
	9	Bentley Campbell	

4x100 Throwers Relay - Throwers Varsity - Finals

	9	Gage Elliot	
Ex.	9	Jayden Furr	51.33a Red Cloud - A
	11	Mason Bolin	
	12	Jackson Snell	
	11	Steel Marks	
Ex.	12	Eldon Haack	51.47a Franklin - A
	12	Isaac Haack	
	10	Talon Carraher	
	12	Dristen Warburton	
Ex.	9	Houston Larson	52.69a Arapahoe - A
	9	Zachary Einspahr	
	11	Trey Downey	
	12	Noah Rand	
Ex.	10	Landon Hieter	53.20a Hi-Line - A
	9	Will Oakland	
	12	Grady Puls	
	9	Jaxon Porter	
Ex.	9	Conner Weaver	53.22a Southwest - A
	10	Colin Day	
	10	Tyler Kelley	
	10	Aiden Gruber	
Ex.	11	Kevin Chavez Juarez	53.66a Bertrand - A
	12	Creston Wagner	

	11	Brayden Evans	
	10	Ryan Engel	
Ex.	9	Jaxson Gehrig	54.56a Alma - A
	12	Ryan Maly	
	9	Tucker Peak	
	9	Reid Huxoll	
Ex.	11	Ben Harris	54.70a Cambridge - A
	12	Jaysek Weiss	
	11	Kaden Klumpe	
	10	Jacob Jezbera	
Ex.	11	Damien Campbell	55.88a Wilcox-Hildreth - A
	9	Kip Johnson	
	11	Craig Bunger	
	9	Carson Hamilton	
Ex.	9	Kaden Russell	56.25a Southern Valley (Oxford)...
	9	Wyatt Rice	
	9	Cjaye Harris	
	9	Bentley Campbell	
Ex.	10	Robby Phillips	59.48a Medicine Valley - A
	12	Santino Priebe	
	9	Marshall Krupicka	

4x400 Relay Varsity - Finals

	10	Gage Rupp	
1.	10	Traevyn Koch	3:33.83a Hi-Line - A
	12	Cooper Knackstedt	
	12	Brody Diefenbaugh	
	9	Eric Dicke51.8h	
2.	9	Drew Lewis55.6h	3:35.15a Alma - A
	12	Isaiah Neal53.9h	
	10	Barrett Zikmund53.6h	
3.	12	Kael Garrett	3:48.89a Medicine Valley - A

	11 Mason Roblee	
	9 Kempton Leighton	
	11 Shya Gudaitis	
	11 Mason Bolin	
4.	12 Gage Rasser	3:49.70a Red Cloud - A
	11 William Rasser	
	12 Connor Rust	
	11 Wyatt McCain	
5.	11 Isaac Hernandez	3:54.03a Bertrand - A
	9 Kellan Vinzant	
	10 Matthew Millers	
	11 Josiah Dowell	
6.	11 Hayden Lans	3:56.31a Southern Valley (Oxford)...
	9 Houston Hunt	
	9 Max Lanik	
	12 Cian McCorkle	
7.	10 Hunter Larson	4:06.83a Arapahoe - A
	9 Graham Sisson	
	11 Hudson Sich	

4x800 Relay Varsity - Finals

	11 Vaughn Fennel2:09.0h	
1.	12 Isaiah Neal2:07.6h	8:36.26a Alma - A
	12 Nolan Pfeil2:07.9h	
	10 Barrett Zikmund2:11.1h	
	11 Josiah Dowell	
2.	12 Isaac Hamilton	9:30.99a Southern Valley (Oxford)...
	10 Bryton Stalder	
	9 Kyson Bose	
3.	10 Hunter Larson	10:24.94a Arapahoe - A
	9 Graham Sisson	

	9 Reece Morse	
	11 Hudson Sich	
	11 Brayden Evans	
4.	12 Jacob Lund	10:49.13a Bertrand - A
	12 Creston Wagner	
	9 JJ Perez	
	12 Brett Woollen	
5.	10 Mikah Eiley	11:57.83a Wilcox-Hildreth - A
	9 Gage Henery	
	11 Craig Bunger	

Shot Put - 12lb Varsity - Finals

1.	11 Mason Bolin	43' 0"	Red Cloud
2.	12 Isaac Haack	42' 6"	Franklin
3.	12 Ryan Maly	42' 2"PB	Alma
4.	11 Trey Downey	41' 0.5"	Arapahoe
5.	9 Conner Weaver	39' 3"	Southwest
6.	12 Eldon Haack	39' 0.5"	Franklin
7.	11 Steel Marks	39' 0"PB	Franklin
8.	10 Colin Day	37' 10.5"PB	Southwest
9.	12 Jaysek Weiss	37' 7"	Cambridge
10.	11 Brayden Evans	37' 5"	Bertrand
11.	9 Jaxon Porter	35' 2"PB	Southwest
12.	11 Ben Harris	34' 5.5"	Cambridge
13.	11 Craig Bunger	33' 9"	Wilcox-Hildreth
14.	9 Jayden Furr	33' 6"	Red Cloud
15.	10 Landon Hieter	32' 11"	Hi-Line
16.	9 Tucker Peak	32' 4.5"	Alma
17.	12 Noah Rand	32' 1"PB	Hi-Line
18.	11 Kevin Chavez Juarez	31' 6"	Bertrand
19.	12 Santino Priebe	30' 11"	Medicine Valley
20.	9 Alexander Smyth	30' 3.5"	Southern Valley (Oxford)
21.	12 Jackson Snell	29' 6.5"	Red Cloud
22.	9 Jaxson Gehrig	29' 4"	Alma

23. 12 Dristen Warburton	29' 3.5"	Arapahoe
24. 11 Damien Campbell	29' 0"	Wilcox-Hildreth
25. 10 Jacob Jezbera	28' 1"	Wilcox-Hildreth
26. 10 Robby Phillips	28' 0.5"	Medicine Valley
27. 9 Kyson Bose	28' 0"	Southern Valley (Oxford)
28. 9 Kaden Russell	25' 3"	Southern Valley (Oxford)
29. 9 Marshall Krupicka	25' 2"	Medicine Valley

Discus - 1.6kg Varsity - Finals

1. 11 Mason Bolin	147' 8"PB	Red Cloud
2. 12 Ryan Maly	120' 6"	Alma
3. 11 Ben Harris	118' 4"	Cambridge
4. 9 Conner Weaver	116' 4"	Southwest
5. 11 Brayden Evans	112' 2"	Bertrand
6. 12 Jaysek Weiss	111' 1"	Cambridge
7. 11 Kaden Klumpe	109' 7"	Cambridge
8. 11 Kevin Chavez Juarez	106' 2"PB	Bertrand
9. 12 Isaac Haack	104' 4"	Franklin
10. 12 Noah Rand	102' 7"PB	Hi-Line
11. 12 Eldon Haack	102' 6"	Franklin
12. 11 Trey Downey	100' 10"	Arapahoe
13. 9 Jayden Furr	97' 9"PB	Red Cloud
14. 10 Colin Day	96' 11"	Southwest
15. 11 Steel Marks	96' 8"	Franklin
16. 9 Gage Elliot	95' 9"	Red Cloud
17. 12 Santino Priebe	94' 8"	Medicine Valley
18. 10 Jacob Jezbera	90' 10"	Wilcox-Hildreth
19. 9 Kip Johnson	86' 3"	Wilcox-Hildreth
20. 9 Tucker Peak	85' 1"	Alma
21. 9 Jaxon Porter	82' 10"	Southwest
22. 10 Robby Phillips	81' 5"	Medicine Valley
23. 9 Kyson Bose	80' 0"	Southern Valley (Oxford)
24. 9 Jaxson Gehrig	78' 10"PB	Alma
25. 11 Craig Bunger	77' 2"	Wilcox-Hildreth

26. 10 Landon Hieter	75' 2"	Hi-Line
27. 12 Dristen Warburton	70' 7"	Arapahoe
28. 9 Bentley Campbell	67' 2"PB	Medicine Valley
29. 9 Kaden Russell	66' 8"	Southern Valley (Oxford)
30. 9 Wyatt Rice	63' 1"	Southern Valley (Oxford)

High Jump Varsity - Finals

1. 11 Mason Roblee	5' 10"	Medicine Valley
2. 11 Kane Cochrane	J 5' 10"	Hi-Line
3. 9 Eric Dicke	5' 8"	Alma
4. 12 Isaac Hamilton	5' 6"	Southern Valley (Oxford)
5. 9 Bo Truksa	J 5' 6"	Southwest
6. 9 Dylan Webster	5' 4"	Alma
7. 9 Remington Ord	J 5' 4"	Red Cloud
9 Wyatt Rice	NH	Southern Valley (Oxford)
10 Luke Lush	NH	Wilcox-Hildreth
12 Cian McCorkle	NH	Arapahoe
12 Donnie Fisher	NH	Medicine Valley

Pole Vault Varsity - Finals

1. 11 Gage Hammond	14' 8"PB	Southwest
2. 12 Cooper Knackstedt	14' 2"	Hi-Line
3. 11 Isaac Hernandez	J 14' 2"	Bertrand
4. 11 Kaden Klumpe	13' 2"	Cambridge
5. 12 Thomas Donley	12' 8"	Wilcox-Hildreth
6. 9 Brody Hammond	12' 2"	Southwest
7. 9 Hunter Lans	11' 2"	Southern Valley (Oxford)
7. 9 Kellan Vinzant	11' 2"	Bertrand
7. 11 Hayden Lans	11' 2"	Southern Valley (Oxford)
10. 10 Bryton Stalder	10' 8"PB	Southern Valley (Oxford)
10 West Bennett	NH	Alma
10 Luke Lush	NH	Wilcox-Hildreth
9 Cristoffer Charlie	NH	Southwest
9 Houston Larson	NH	Arapahoe

9	Zachary Einspahr	NH	Arapahoe	8.	12 Isaac Hamilton	38' 1"SB	Southern Valley (Oxford)
11	Jacob Wagoner	NH	Franklin	9.	12 Gage Rasser	36' 0"	Red Cloud
12	Grady Puls	NH	Hi-Line	10.	9 Houston Hunt	34' 3"	Southern Valley (Oxford)
Long Jump Varsity - Finals				11.	10 Ethan League	33' 11.25"	Southwest
1.	12 Xavier Mitchell	22' 2.5"	Alma	12.	9 Graham Sisson	31' 9.25"	Arapahoe
2.	12 Tucker Biskup	21' 2.5"	Alma	13.	11 Jamey Ruppert	30' 9.5"	Medicine Valley
3.	12 Connor Rust	19' 10.5"	Red Cloud		11 Payton Newcomb-Snyd...	SCR	Medicine Valley
4.	11 Kayden Furr	19' 4"	Red Cloud				
5.	12 Cooper Langford	19' 0"	Bertrand				
6.	9 Drew Lewis	18' 10"	Alma				
7.	Jr Calvin Carraher	18' 8.75"	Franklin				
8.	10 Kaden Schriener	18' 3.5"	Wilcox-Hildreth				
9.	10 Gage Rupp	18' 1.5"	Hi-Line				
10.	9 Max Lanik	17' 6.5"PB	Southern Valley (Oxford)				
11.	12 Gage Rasser	17' 4"	Red Cloud				
12.	9 JJ Perez	17' 3"PB	Bertrand				
13.	12 Donnie Fisher	16' 6.75"	Medicine Valley				
14.	9 Lafe Wilson	16' 6"	Franklin				
14.	10 Ethan League	16' 6"	Southwest				
16.	9 Graham Sisson	13' 9.75"	Arapahoe				
17.	9 Reece Morse	10' 1.5"	Arapahoe				
18.	11 Adin Nelsen	8' 2.5"	Medicine Valley				
	9 Bo Truksa	SCR	Southwest				
	10 Jesse Hazen	SCR	Medicine Valley				

Triple Jump Varsity - Finals

1.	12 Tucker Biskup	43' 9"	Alma
2.	12 Connor Rust	41' 4.25"PB	Red Cloud
3.	12 Thunder Nelson	40' 8"	Bertrand
4.	11 Kayden Furr	39' 7.75"PB	Red Cloud
5.	12 Zane Clark	39' 4"	Alma
6.	9 Gentry Clark	38' 6.5"PB	Alma
7.	12 Brody Diefenbaugh	38' 5.25"	Hi-Line

Womens Results

100 Meters Varsity - Finals

1.	9 Cali Santifer	13.30aPB	Southern Valley (Oxford)
2.	10 Suttyn Shafer	13.59aPB	Arapahoe
3.	11 Reagan Kahrs	13.64aSB	Franklin
4.	12 Bentley Stubbs	13.80a	Hi-Line
5.	9 Adlea Hock	14.24aPB	Bertrand
6.	9 Elin Patterson	14.25aPB	Wilcox-Hildreth
7.	10 Laney Becker	14.28aPB	Southern Valley (Oxford)
8.	9 Avianna Williamson	14.34a	Alma
9.	10 Capri Sayer	14.35a	Southwest
10.	9 Brionna Tracy	14.36aPB	Arapahoe
11.	9 Maryn Mintzmyer	14.40a	Alma
12.	12 Ellie Shaver	14.51aSB	Franklin
13.	11 Brooke Talarico	14.53a	Franklin
14.	10 Malia Brown	14.55aPB	Bertrand
15.	10 Maryah Oberg	14.59aSB	Hi-Line
16.	9 Lauren Quinn	14.87aPB	Southern Valley (Oxford)
17.	9 Berkley Reiners	14.97aPB	Hi-Line
18.	12 Jerzie Ord	15.32aPB	Red Cloud
19.	11 Bridgett Lockhart	15.34a	Red Cloud
20.	9 Zoe Mortensen	16.23a	Medicine Valley
21.	11 Aspen McNierney	16.49aPB	Bertrand
22.	9 Faith Brown	17.81aPB	Medicine Valley
23.	10 Aubrie Holstein	21.20a	Arapahoe

24.	9	Sydney Wilhelm	24.59a	Alma
200 Meters Varsity - Finals				
1.	9	Cali Santifer	27.44a	PB Southern Valley (Oxford)
2.	12	Bentley Stubbs	28.60a	Hi-Line
3.	11	Reagan Kahrs	29.14a	SB Franklin
4.	10	Sophia Cunningham	29.36a	Southern Valley (Oxford)
5.	9	Elin Patterson	29.40a	PB Wilcox-Hildreth
6.	10	Laney Becker	29.84a	PB Southern Valley (Oxford)
7.	9	Avianna Williamson	29.96a	Alma
8.	9	Hayden Kahrs	30.17a	Franklin
9.	11	Delaney Evans	30.18a	PB Medicine Valley
10.	9	Rylee Frecks	30.53a	PB Alma
11.	9	Laynee Rust	30.60a	PB Red Cloud
12.	11	Brooke Talarico	30.62a	PB Franklin
13.	11	Livia Philips	30.82a	Bertrand
14.	10	Maryah Oberg	30.90a	SB Hi-Line
15.	12	Chloe Gooden	30.97a	SB Arapahoe
16.	11	Bridgett Lockhart	31.93a	SB Red Cloud
17.	12	Jerzie Ord	33.27a	Red Cloud
18.	10	Ivy Nelson	33.31a	Bertrand
19.	9	Zoe Mortensen	33.83a	PB Medicine Valley
20.	9	Sofia Guajardo	35.47a	PB Bertrand
21.	10	Aubrie Holstein	50.80a	Arapahoe
	10	Vayden Epp	DNS	Alma
	9	Kinley Hansen	DNS	Wilcox-Hildreth
	12	Kamree Elsten	DNS	Medicine Valley

400 Meters Varsity - Finals

1.	9	Haisley McQuiston	1:00.45a	PB Southern Valley (Oxford)
2.	9	Kinley Ford	1:00.75a	PB Alma
3.	11	Kamryn Scott	1:01.99a	SB Alma
4.	12	Jensyn Weiss	1:05.94a	PB Cambridge
5.	11	Chloe Johnson	1:06.54a	PB Wilcox-Hildreth

6.	10	Sophia Cunningham	1:07.19a	PB Southern Valley (Oxford)
7.	12	Kamree Elsten	1:08.22a	PB Medicine Valley
8.	9	Addison Lozo	1:09.47a	PB Southern Valley (Oxford)
9.	11	Desi Farner	1:09.57a	SB Arapahoe
10.	10	Camrie Fangmeyer	1:12.31a	Red Cloud
11.	9	Rylee Frecks	1:12.51a	Alma
12.	12	Kayla Faimon	1:13.49a	PB Red Cloud
13.	11	Olivia Haack	1:14.82a	Franklin
14.	12	Jordiya Phillips	1:15.40a	PB Medicine Valley
15.	10	Regina Pena	1:16.20a	Cambridge
16.	9	Lydia Harris	1:16.58a	Southwest
17.	9	Josie Marks	1:17.97a	PB Franklin
18.	9	Charley Kerznar	1:19.36a	Hi-Line
19.	10	Taytum Roskop	1:20.07a	PB Arapahoe
20.	11	Irmina Cramer	1:23.56a	SB Cambridge
21.	11	Evie Pelton	1:55.06a	SB Bertrand

800 Meters Varsity - Finals

1.	9	Kinley Ford	2:27.86a	Alma
2.	11	Kamryn Scott	2:28.68a	Alma
3.	12	Shelby Schoene	2:29.58a	Bertrand
4.	9	Lydia McGowen	2:33.39a	Cambridge
5.	9	Taryn Siebels	2:34.88a	PB Alma
6.	10	Madi Trambly	2:39.83a	PB Franklin
7.	9	Meg Hilker	2:42.00a	PB Arapahoe
8.	9	Addison Lozo	2:46.80a	Southern Valley (Oxford)
9.	11	Chloe Johnson	2:47.09a	Wilcox-Hildreth
10.	10	Emmalane Rasser	2:47.14a	Red Cloud
11.	12	Elyse Armstrong	2:55.55a	Red Cloud
12.	9	Hadleigh Wasenius	2:57.27a	Southern Valley (Oxford)
13.	10	Hailey Edwards	2:58.36a	Hi-Line
14.	11	Kara Brockman	3:03.87a	Hi-Line
15.	10	Payton Rockenfield	3:12.05a	PB Southwest
16.	11	Irmina Cramer	3:20.05a	Cambridge

17. 9	MaKenlee Thomas	3:55.37a	Southwest
9	Haisley McQuiston	DQ	Southern Valley (Oxford)
11	Desi Farner	DQ	Arapahoe
10	Arianna Donvito	DNS	Southwest
10	Regina Pena	DNS	Cambridge

1600 Meters Varsity - Finals

1. 9	Lydia McGowen	5:35.77a	Cambridge
2. 9	Aysha Neal	5:59.24a	Alma
3. 9	Allegra Johnson	6:12.21aPB	Wilcox-Hildreth
4. 11	Grace Andrews	6:13.86aSB	Arapahoe
5. 9	Alaina Leising	6:20.75a	Arapahoe
6. 12	Ashlynn Edgren	6:21.80a	Bertrand
7. 10	Ayva Bendorf	6:32.81aPB	Wilcox-Hildreth
8. 10	Baylee Kipp	6:33.44a	Bertrand
9. 9	Isabelle Exstrom	6:50.13a	Hi-Line
10. 10	Briar Gunderson	7:07.89a	Cambridge
11. 10	Kylie Koeppen	7:25.73a	Cambridge
12. 11	Natalie Mortensen	8:12.22a	Medicine Valley
9	Abbie Pool	DNS	Alma

3200 Meters Varsity - Finals

1. 9	Lydia McGowen	12:25.29a	Cambridge
2. 9	Aysha Neal	12:31.12a	Alma
3. 10	Madi Trambly	13:34.75a	Franklin
4. 10	Baylee Kipp	13:53.26a	Bertrand
5. 11	Olivia Wall	13:57.34a	Hi-Line
6. 10	Briar Gunderson	15:08.16a	Cambridge
7. 10	Kylie Koeppen	15:27.49a	Cambridge

100m Hurdles - 33" / 0.838m Varsity - Finals

1. 10	Camryn Bunger	16.20a	Wilcox-Hildreth
2. 10	RiLee Schutz	17.13a	Hi-Line

3. 9	Ellyana Walkington	17.39aPB	Southwest
4. 9	Maryn Mintzmyer	17.57a	Alma
5. 12	Emma Strand	17.83a	Arapahoe
6. 10	Josie Faimon	18.22a	Red Cloud
7. 10	Oakley Stout	18.65aSB	Medicine Valley
8. 9	Whitney Wall	18.78a	Hi-Line
9. 9	Ruth Harris	18.88a	Cambridge
10. 10	Malia Brown	19.50a	Bertrand
11. 11	Kamri Neal	19.66a	Alma
12. 12	Chloe Gooden	19.68a	Arapahoe
13. 11	Olivia Haack	20.56aPB	Franklin
14. 10	Ivy Nelson	21.06a	Bertrand
15. 12	Jerzie Ord	21.39a	Red Cloud
16. 9	Romalie Williamson	22.06a	Arapahoe
17. 9	Faith Brown	24.35aPB	Medicine Valley

300m Hurdles - 30" / 0.762m Varsity - Finals

1. 12	Tierston Moore	47.92a	Alma
2. 10	Camryn Bunger	49.36a	Wilcox-Hildreth
3. 10	Suttyn Shafer	50.85a	Arapahoe
4. 10	Aspen Billeter	50.99a	Southwest
5. 10	Josie Faimon	52.67a	Red Cloud
6. 9	Ruth Harris	52.72a	Cambridge
7. 10	Aiva Rust	53.42a	Red Cloud
8. 10	Oakley Stout	54.06a	Medicine Valley
9. 12	Emma Strand	54.45a	Arapahoe
10. 9	Ellyana Walkington	54.98a	Southwest
11. 9	Whitney Wall	55.23a	Hi-Line
12. 10	Autumn McNierney	57.23a	Bertrand
13. 9	Josie Marks	58.52a	Franklin
14. 11	Olivia Haack	59.88aPB	Franklin
15. 9	Romalie Williamson	59.99a	Arapahoe

4x100 Relay Varsity - Finals

	10 RiLee Schutz		
1.	9 Berkley Reiners	54.44a	Hi-Line - A
	10 Maryah Oberg		
	12 Bentley Stubbs		
	11 Grace Andrews		
2.	12 Emma Strand	55.15a	Arapahoe - A
	11 Clara Hilker		
	10 Suttyn Shafer		
	11 Brooke Talarico		
3.	12 Ellie Shaver	55.62a	Franklin - A
	9 Hayden Kahrs		
	11 Reagan Kahrs		
	9 Ellyana Walkington		
4.	10 Capri Sayer	55.95a	Southwest - A
	10 Lacie Houser		
	10 Aspen Billeter		
	10 Zoe Trimble		
5.	12 Kamree Elsten	55.96a	Medicine Valley - A
	11 Delaney Evans		
	10 Oakley Stout		
	10 Laney Becker		
6.	12 Natalee Holste	56.06a	Southern Valley (Oxford)...
	9 Lauren Quinn		
	10 Sophia Cunningham		
	10 Malia Brown		
7.	12 Addison Andersen	56.42a	Bertrand - A
	11 Livia Philips		
	9 Adlea Hock		
	10 Josie Faimon		
8.	9 Jezebel Olson	58.98a	Red Cloud - A
	9 Charlotte Rust		
	12 Elyse Armstrong		

	9 Ruth Harris		
9.	12 Jensyn Weiss	1:00.30a	Cambridge - A
	11 Joslyn Holtze		
	11 Brooklyn Holtze		
4x100 Throwers Relay - Throwers Varsity - Finals			
	9 Laynee Rust		
Ex.	9 Jezebel Olson	1:00.50a	Red Cloud - A
	9 Charlotte Rust		
	9 Haize Heldt		
	10 Payton Rockenfield		
Ex.	10 Rylan Custard	1:00.76a	Southwest - A
	10 Natalie Koetter		
	10 Lacie Houser		
	10 Payton Adams		
Ex.	11 MaLeah Lozo	1:03.45a	Southern Valley (Oxford)...
	9 Amaleigh Utterback		
	10 Anna Hamilton		
	9 Tritny Kappes		
Ex.	9 Anna Lind	1:06.05a	Franklin - A
	11 Brooke Talarico		
	11 Reagan Kahrs		
	10 Kate Salberg		
Ex.	9 MadaLynn Benson	1:06.70a	Cambridge - A
	9 Jaxyn Jordan		
	11 Elisabeth Kubik		
	11 Natalie Mortensen		
Ex.	11 Brookelyn Kotschwar	1:08.13a	Medicine Valley - A
	9 Gracie Johns		
	12 Jordiya Phillips		
Ex.	9 Chandy Masten	1:08.59a	Hi-Line - A
	9 Piper Puls		

Ex.	12 Haley Morain	1:10.02a Bertrand - A
	10 Kylee Kubert	
	10 Jayden Glassmeyer	
	9 Kyler Schroeder	
	9 Nohelia Elox Mora	
	9 Sofia Guajardo	

4x400 Relay Varsity - Finals

1.	9 Haisley McQuiston	4:20.82a Southern Valley (Oxford)...
	9 Cali Santifer	
	12 Natalee Holste	
	10 Sophia Cunningham	
2.	10 Vayden Epp1:12.3h	4:28.11a Alma - A
	12 Tierston Moore1:01.0h	
	9 Avianna Williamson1:08.5h	
	9 Taryn Siebels1:06.4h	
3.	12 Jensyn Weiss1:06.8h	4:31.96a Cambridge - A
	11 Joslyn Holtze1:07.1h	
	9 Ruth Harris1:09.7h	
	11 Brooklyn Holtze1:08.1h	
4.	12 Addison Andersen	4:47.35a Bertrand - A
	10 Adrian Sand	
	10 Autumn McNierney	
	9 Ashlyn Wendell	
5.	11 Grace Andrews	4:53.02a Arapahoe - A
	9 Brionna Tracy	
	9 Meg Hilker	
	9 Romalie Williamson	
6.	10 Zoe Trimble	4:55.77a Medicine Valley - A
	11 Delaney Evans	
	9 Aspen Closman	
	10 Oakley Stout	

7.	9 Charley Kerznar	5:18.93a Hi-Line - A
	9 Lauren Cunningham	
	9 Piper Puls	
	9 Berkley Reiners	

4x800 Relay Varsity - Finals

1.	10 Autumn McNierney	10:40.66a Bertrand - A
	10 Adrian Sand	
	12 Addison Andersen	
	9 Ashlyn Wendell	
2.	10 Emmalane Rasser	10:41.01a Red Cloud - A
	9 Haize Heldt	
	12 Elyse Armstrong	
	10 Aiva Rust	
3.	11 Grace Andrews	10:58.87a Arapahoe - A
	9 Meg Hilker	
	9 Alaina Leising	
	11 Desi Farner	
4.	10 Briar Gunderson2:49.4h	11:44.64a Cambridge - A
	10 Kylie Koeppen3:06.4h	
	10 Kate Salberg2:58.1h	
	10 Regina Pena2:50.5h	
5.	9 Isabelle Exstrom	12:11.76a Hi-Line - A
	10 Hailey Edwards	
	9 Piper Puls	
	11 Kara Brockman	

Shot Put - 4kg Varsity - Finals

1.	11 Elisabeth Kubik	33' 0"	Cambridge
2.	11 Clara Hilker	31' 10"	Arapahoe
3.	10 Rylan Custard	31' 9"PB	Southwest
4.	9 Charlotte Rust	29' 7"PB	Red Cloud

5.	11	Taylor Pool	29'	3.5"	PB	Alma
6.	9	Gracie Johns	29'	1.5"		Medicine Valley
7.	9	Hayden Kahrs	28'	5"	PB	Franklin
8.	10	Kylee Kubert	27'	8.5"		Hi-Line
9.	9	MadaLynn Benson	27'	2.5"		Cambridge
10.	9	Kinley Hansen	26'	5.5"		Wilcox-Hildreth
11.	11	Kara Brockman	26'	5"		Hi-Line
12.	9	Jezebel Olson	26'	4"		Red Cloud
13.	10	Jayden Glassmeyer	25'	3.5"	PB	Bertrand
14.	10	Natalie Koetter	25'	3"		Southwest
15.	9	Chandy Masten	25'	1.5"	PB	Hi-Line
16.	10	Clara Hurst	24'	10.5"		Southwest
17.	11	Brookelyn Kotschwar	24'	3"		Medicine Valley
18.	11	Kamri Neal	23'	5"		Alma
19.	9	Elin Patterson	23'	0"		Wilcox-Hildreth
20.	9	Laynee Rust	22'	11"		Red Cloud
21.	10	Anna Hamilton	22'	9"		Southern Valley (Oxford)
22.	9	Jaxyn Jordan	19'	9"	PB	Cambridge
23.	9	Anna Lind	19'	5"		Franklin
24.	9	Tritny Kappes	18'	10"		Franklin
25.	9	Nohelia Elox Mora	18'	3"	PB	Bertrand
25.	9	Kyler Schroeder	18'	3"	PB	Bertrand
27.	9	Brynlee Koch	18'	1"		Alma
28.	11	MaLeah Lozo	16'	11"		Southern Valley (Oxford)

Discus - 1kg Varsity - Finals

1.	9	Charlotte Rust	94'	7"	PB	Red Cloud
2.	9	Hayden Kahrs	91'	3"		Franklin
3.	10	Kylee Kubert	89'	5"		Hi-Line
4.	11	Taylor Pool	85'	4"		Alma
5.	9	Natalie Neseth	85'	3"		Southwest
6.	11	Clara Hilker	80'	6"		Arapahoe
7.	9	Kinley Hansen	80'	0"	PB	Wilcox-Hildreth
8.	9	Haize Heldt	78'	2"		Red Cloud

9.	9	Jezebel Olson	76'	6"	PB	Red Cloud
10.	11	Elisabeth Kubik	76'	4"		Cambridge
11.	10	Anna Hamilton	75'	6"		Southern Valley (Oxford)
12.	11	Kara Brockman	73'	6"		Hi-Line
13.	9	MadaLynn Benson	71'	8"		Cambridge
14.	11	Brookelyn Kotschwar	70'	4"		Medicine Valley
15.	10	Jayden Glassmeyer	69'	1"	PB	Bertrand
16.	10	Natalie Koetter	68'	10"		Southwest
17.	11	Kamri Neal	66'	10"		Alma
17.	9	Gracie Johns	66'	10"	PB	Medicine Valley
19.	9	Elin Patterson	64'	9"	PB	Wilcox-Hildreth
20.	10	Clara Hurst	57'	4"		Southwest
21.	9	Jaxyn Jordan	54'	7"	PB	Cambridge
22.	12	Jordiya Phillips	53'	1"	PB	Medicine Valley
23.	9	Nohelia Elox Mora	50'	3"	PB	Bertrand
24.	9	Brynlee Koch	49'	5"		Alma
25.	9	Anna Lind	48'	6"		Franklin
26.	9	Tritny Kappes	47'	2"		Franklin
27.	12	Haley Morain	40'	5"	PB	Hi-Line
28.	11	MaLeah Lozo	38'	1"		Southern Valley (Oxford)
	9	Kyler Schroeder	SCR			Bertrand

High Jump Varsity - Finals

1.	10	Camryn Bunger	5'	3"		Wilcox-Hildreth
2.	12	Jensyn Weiss	5'	1"		Cambridge
3.	9	Haisley McQuiston	4'	9"	PB	Southern Valley (Oxford)
4.	9	Lauren Quinn	4'	7"		Southern Valley (Oxford)
4.	10	RiLee Schutz	4'	7"		Hi-Line
6.	12	Ashlynn Edgren	J 4'	7"	PB	Bertrand
7.	9	Lauren Cunningham	4'	5"		Hi-Line
8.	10	Ivy Nelson	J 4'	5"	PB	Bertrand
	10	Aiva Rust	NH			Red Cloud
	9	Amaleigh Utterback	NH			Southern Valley (Oxford)
	9	Romalie Williamson	NH			Arapahoe

9	Aspen Closman	NH	Medicine Valley	Triple Jump Varsity - Finals			
Pole Vault Varsity - Finals				1.	11 Brooklyn Holtze	33' 10"	Cambridge
				2.	10 Aspen Billeter	33' 6"	Southwest
1.	12 Alyssa Koch	10' 3"PB	Southwest	3.	11 Joslyn Holtze	32' 4"PB	Cambridge
2.	9 Cali Santifer	9' 2"	Southern Valley (Oxford)	4.	11 Olivia Haack	31' 7"PB	Franklin
3.	11 Livia Philips	J 9' 2"	Bertrand	5.	11 Livia Philips	31' 1"	Bertrand
4.	10 Kate Salberg	8' 8"PB	Cambridge	6.	10 Malia Brown	30' 8"	Bertrand
5.	10 Taytum Roskop	J 8' 8"SB	Arapahoe	7.	12 Kayla Faimon	30' 5"	Red Cloud
6.	10 Adrian Sand	8' 2"	Bertrand	8.	9 Haize Heldt	30' 1"	Red Cloud
7.	10 Laney Becker	7' 8"SB	Southern Valley (Oxford)	9.	10 Paisley Hammond	28' 10.5"PB	Southern Valley (Oxford)
7.	12 Chloe Gooden	7' 8"PB	Arapahoe	10.	11 Bridgett Lockhart	28' 8.5"	Red Cloud
9.	10 Zoe Trimble	7' 2"	Medicine Valley	11.	10 Payton Adams	28' 7.5"	Southern Valley (Oxford)
9	Josie Marks	NH	Franklin	12.	9 Meg Hilker	28' 6"PB	Arapahoe
Long Jump Varsity - Finals				13.	9 Hadleigh Wasenius	27' 11.5"PB	Southern Valley (Oxford)
				14.	9 Josie Marks	27' 9"PB	Franklin
1.	10 Aspen Billeter	15' 9"	Southwest				
2.	11 Brooklyn Holtze	15' 8.5"PB	Cambridge				
3.	12 Bentley Stubbs	14' 11"	Hi-Line				
4.	11 Joslyn Holtze	14' 10.5"	Cambridge				
5.	12 Natalee Holste	14' 3"	Southern Valley (Oxford)				
6.	9 Brionna Tracy	14' 1"PB	Arapahoe				
7.	9 Adlea Hock	13' 8"	Bertrand				
8.	10 Paisley Hammond	13' 7"	Southern Valley (Oxford)				
9.	10 Maryah Oberg	12' 8.5"	Hi-Line				
10.	11 Bridgett Lockhart	12' 6"	Red Cloud				
11.	9 Laynee Rust	11' 11.5"PB	Red Cloud				
12.	9 Hadleigh Wasenius	11' 6.5"	Southern Valley (Oxford)				
13.	10 Payton Rockenfield	11' 4"	Southwest				
14.	9 Charley Kerznar	11' 1"	Hi-Line				
15.	11 Aspen McNierney	10' 7"	Bertrand				
16.	9 Zoe Mortensen	10' 5"	Medicine Valley				
17.	11 Natalie Mortensen	9' 7"	Medicine Valley				
18.	9 Sydney Wilhelm	2' 7"	Alma				

 Mens Varsity

18 / 18 Events Completed

1. Alma	152
2. Hi-Line	71
3. Red Cloud	66
4. Arapahoe	44
5. Bertrand	36
5. Medicine Valley	36
7. Wilcox-Hildreth	35
8. Franklin	23
9. Cambridge	22
10. Southwest	21
11. Southern Valley (Oxford)	20

 Womens Varsity

18 / 18 Events Completed

1. Cambridge	90
2. Alma	78
3. Southern Valley (Oxford)	66
4. Southwest	50
4. Arapahoe	50
6. Hi-Line	49
7. Wilcox-Hildreth	39
8. Bertrand	38
9. Franklin	37
10. Red Cloud	25
11. Medicine Valley	4